The Effects of Anger Management Skills Training on Aggression, Social Adjustment, and Mental Health of College Students

Original Research, C28

Entesar Foumany GH. and Salehi J.


ABSTRACT: Anger is a sign that evokes aggressive behavior. Aggression can cause emotional, psychological or physical damage to those involved. Anger might lead to detrimental behavior such as violence and social conflicts. The purpose of this study was to study the effects of anger management skills training on aggression, social adjustment, and mental health of college students. The results of the study showed that anger management skills training positively affects the social adjustment and mental health of college students. All these improvements are attributable to reductions in their aggressive behaviors due to educations.

Keywords: Aggression, Mental Health, Anger Management Skills, Social Adjustment, College Students
ABSTRACT: The purpose of present study was to investigating the meditational role of emotional regulation in the relationship between academic adjustment and family communication pattern. This relationship can be rebound to pure emotional regulation. The emotional regulation, can rebound to pure academic adjustment. Suggestions and implication for future research are also proffered.

Keywords: The Meditational Role of Emotional Regulation Between Family Communication Pattern and Academic Adjustment

J. Educ. Manage. Stud., Original Research, C40

Reisy J, Javanmard A, Shojaei M, Ahmadzade L, and Naeimian Monfared P.

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Forecasted earnings provide significant information for investment and other financial statements users. In recent years, researchers have assessed the factors that influence earning forecast accuracy. The study found that cultural factors, social factors, and polygamy are associated with earning forecast accuracy. However, financial crisis and auditor's opinion variables were not effective on earning forecast accuracy.

This study was performed to determine social-cultural polygamy-related factors. The study was descriptive-correlational and used a survey method to investigate the social cultural factors associated with polygamy in Bastak city, Iran. The results showed that sexual beliefs are effective as a subjective factor in polygamy.

The main purpose of this research is to identify and investigate the influence of institutional ownership on the growth opportunities and dividend policies. The study found that there is a significant relation between institutional ownership and growth opportunities and dividend policies.

This study aims to investigate the effect of cooperative learning on the confidence. The study was a quasi-experimental design and the results showed that cooperative learning increases the confidence in girls more than boys.

The purpose of this research is to study the relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in the companies. The results showed that there is a significant relationship between the prior period adjustments and tax diagnostic difference in the companies.

The present study has been carried out by aiming at a comparison between capabilities of female and male principals in primary schools. The results indicated that female principals have a better performance in some administrative skills compared to male principals.

The Predictive Role of the Family Internal Factors in Tendency the Adolescent Girls to Internet Addiction

Using Cross Efficiency with Symmetric Weights for the Method DEAHP

The Influence of Institutional Ownership on Growth Opportunities and Dividend Policies

A Study of Effective Factors on the Decrease of Tax Assertiveness and Tax Diagnostic Difference in Tehran Stock Exchange

Survey the Effect of Cooperative Learning on Confidence

Comparison between Capabilities of Female and Male Principals in Primary Schools

Identification and Study of limiting Factors the Development of Virtual Courses in Hormozgan University

The relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in the companies.