The Effects of Anger Management Skills Training on Aggression, Social Adjustment, and Mental Health of College Students

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ABSTRACT: Anger is a sign that evokes aggressive behavior. Aggression can cause emotional, psychological or physical damage to one's self and others. All these risks are minimized with the application of anger management skills, which can lead to improvements in social adjustment and mental health. Improvements are attributable to reductions in aggressive behaviors due to education.
The purpose of present study was to investigating the meditational role of emotional regulation in the relationship with the academic adjustment, that can rebound pure academic adjustment. Suggestions and implication for future research are also proffered.

The current study examines the impact of teachers’ creativity training on growing creativity in students and their teaching ability. For this purpose, two groups (n=200) were included in the study. The results confirmed that the creativity training had a significant positive impact on teachers’ creativity and their ability to teach, paying attention to training of creativity in curricula of teachers’ training centers.

The main purpose in this research is investigating the relationship between return, risk and stock trading volume. The results showed that between return (stock return) and risk (beta) is unidirectional relationship and between trading volume (trading turnover) and return is reciprocal relationship.

The present study is intended to examine the impact of preschool training and education on educational achievement and comprehension and achievement in literacy and thus the highly impact of preschool course on language learning skills.

Providing useful information concerning company’s profitability is an objective of accounting and financial reporting on capital markets. Therefore, this study is aimed at investigating the impact of the amount of happiness on the company’s profitability. The results showed that the amount of happiness as an internal variable of company’s profitability is not significant and to increase earning quality forecast, other variables must be measured.

The first and most important principle of marketing is to focus on customers’ needs and wants. In current competitive conditions, companies need to improve their services and products always. This research concludes with some recommendations in this Field.

Increase the level of trust in organizations, increase jobs and improve staff shall comfort. The distrust, suspicion of the organization, reduce the level of staff commitment and make it difficult to pass information. The results showed that the level of trust in organizations is high among the respondents. Also, more than half of the respondents were high and very high levels, religion and social ethics as a solution.

This study examined the relationship between adult attachment style and marital satisfaction in a convenience sample of married people. Overall results suggest attachment avoidance as the strongest predictor of marital satisfaction.
This study aims to investigate the effect of cooperative learning on the confidence. This study was performed to determine social-cultural polygamy-related factors. Cultural Factors, Social Factors, Polygamy. Forecasted earnings provide significant information for investment and other financial statements users. The purpose of this research is to study the relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in the companies. The main purpose of this research is to identify and investigate the influence of institutional ownership on the growth opportunities and dividend policies. Cooperative Learning, Confidence, Students.