The Effects of Anger Management Skills Training on Aggression, Social Adjustment, and Mental Health of College Students

Entesar Foumany GH. and Salehi J.


ABSTRACT: Anger is a sign that evokes aggressive behavior. Aggression can cause emotional, psychological or physical damage to individuals and society. This research aimed to investigate the effects of anger management skills training on aggression, social adjustment, and mental health of college students. The study was conducted on a sample of 150 college students. The results showed that the training had a positive impact on their aggressive behaviors, social adjustment, and mental health. All these improvements are attributable to reductions in their aggressive behaviors due to educations.

Keywords: Aggression, Mental Health, Anger Management Skills, Social Adjustment, College Students
Creativity, Torrance (figural) Tests of Creative Thinking (TTCT), Teachers' Training, 2013

Today, the role of assessment and monitoring systems is completely known in improvement and progress of organizations so that the implementation of these systems is not just for increasing the level of trust in organizations, increasing jobs, and improving staff satisfaction. The distrust, suspicion of teachers of student and administrators and teachers of student and administrators. This study is designed to determine the effectiveness of holistic teaching and traditional teaching on students' enthusiasm and educational progress. This study was designed to determine the relationship between teachers' training and creativity. The statistical methods used in this study were t-test and variance analysis that are carried out separately. The amount of trust in students, administrators, and teachers in the Agricultural Jihad Organization of Ilam is presented in order to research subject. The present study is intended to examine the impact of preschool training and education on educational achievement and social compatibility. This study examines the relationship between adult attachment style and marital satisfaction in a convenience sample of married people. This research concludes with some recommendations in this field. Some suggestions regarding the topic of the research are given too. This study investigated the impact of teachers' creativity training on students' creativity and their educational achievements. The first and most important principle of marketing is to focus on customers' needs and wants. The study shows that the relationship between return, risk, and trading volume in the stock market is not significant, but earnings quality forecast needs other variables. The impact of the amount of happiness on employees' performance, increases productivity, improves quality of services and enhances it. This study examined the relationship between adult attachment style and marital satisfaction in a convenience sample of married people. Overall results suggest attachment avoidance as the strongest predictor of marital satisfaction.

Objective of Accounting and financial reporting on company's profitability is providing information which is important for decision making. The amount of happiness, depression, salary, and education was investigated in this study. The study shows that the relationship between return, risk, and trading volume in the stock market is not significant, but earnings quality forecast needs other variables. The impact of the amount of happiness on employees' performance, increases productivity, improves quality of services and enhances it. This study examined the relationship between adult attachment style and marital satisfaction in a convenience sample of married people. Overall results suggest attachment avoidance as the strongest predictor of marital satisfaction. The statistical methods used in this study were t-test and variance analysis that are carried out separately. The present study is intended to examine the impact of preschool training and education on educational achievement and social compatibility. This study investigated the impact of teachers' creativity training on students' creativity and their educational achievements. The first and most important principle of marketing is to focus on customers' needs and wants. The study shows that the relationship between return, risk, and trading volume in the stock market is not significant, but earnings quality forecast needs other variables.
The current study is aimed to identify and examine the factors limiting development of virtual courses in Hormozgan University. Among these factors, educational factors and human factors are over-effective in the establishment of virtual courses respectively.

This study was performed to determine social-cultural polygamy-related factors. This is a descriptive-correlational study. The data was collected using the questionnaire as a main tool. Furthermore, the individuals' responses showed that sexual beliefs are effective as a subjective factor.

Forecasted earnings provide significant information for investment and other financial statements users. In recent years, earnings forecasting accuracy has been measured by several parameters and tools. Financial crisis and auditor's opinion variables were not affective on earning forecast accuracy.

This study aims to investigate the effect of cooperative learning on the confidence. This Study was a quasi-experimental study. The results showed that there is no significant difference between the test groups. Therefore, cooperative learning increases the confidence in girls more than boys.

The purpose of this research is to study the relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in the companies. The result showed that there is a significant relation between the prior period adjustments and tax assertiveness and tax diagnostic difference in the companies.

The main purpose of this research is to identify and investigate the influence of institutional ownership on the growth opportunities and dividend policies. The data was collected using the questionnaire. The result showed that there is a significant relation between institutional ownership and growth opportunities and dividend policies.

The present study has been carried out by aiming at a comparison between capabilities of female and male principals in primary schools. The data was collected using the questionnaire. The result showed that male principals are more capable in variables of three-fold administrative skills including general, maturity and leadership skills.

The Predictive Role of the Family Internal Factors in Tendency the Adolescent Girls to Internet Addiction

Using Cross Efficiency with Symmetric Weights for the Method DEAHP

The Influence of Institutional Ownership on Growth Opportunities and Dividend Policies

A Study of Effective Factors on the Decrease of Tax Assertiveness and Tax Diagnostic Difference in Tehran Stock Exchange

Survey the Effect of Cooperative Learning on Confidence

Comparison between Capabilities of Female and Male Principals in Primary Schools


ABSTRACT: The purpose of present research was study about the predictive role of the family internal factors in tendency the adolescent girls to internet addiction. So, 200 students that were internet users answered to the climate family and addiction to internet questionnaires. Results showed that there is a negative relation between internet addiction and openness communication, intra-generation communication, and the mother-daughter relation. Furthermore, the relation between internet addiction and ultra-use internet and requires more researches about family consolidation and child-parent relations improvement.