The Effects of Anger Management Skills Training on Aggression, Social Adjustment, and Mental Health of College Students

Entesar Foumany GH. and Salehi J.


ABSTRACT:
Anger is a sign that evokes aggressive behavior. Aggression can cause emotional, psychological, or physical damage to oneself and others. Social adjustment during aggression can be explained as a process that is difficult to control and is highly influenced by the mental health of college students. All these improvements are attributable to reductions in their aggressive behaviors due to educations.

Keywords: Aggression, Mental Health, Anger Management Skills, Social Adjustment, College Students
Today, the role of assessment and monitoring systems is completely known in improvement and progress of organizations so that the quality of the products and services provided is increased. At the end of the study, the Ilam Agricultural Jihad Organization is presented in order to research subject.

The current study examines the impact of teachers' creativity training on the growth of creativity in students and their insights on the teacher training curriculum. For this purpose, two groups (n = 90) of students from first graders in primary schools in Tehran City Area no. 7 were chosen by means of randomized selection. The intervention group was trained by the teachers who had been trained in this educational field. The research was conducted by comparing the amount of effectiveness of holistic versus traditional education methods in the improvement of teacher enthusiasm. The results showed that the instruction of education enthusiasm by integrative way is higher than the control group instructed with traditional way.

Increase the level of trust in organizations, increase jobs and improve staff shall comfort. The distrust, suspicion of the government and the policies should be resolved by transparency in financial performance. The transparency in financial reporting can be done by measuring the performance of the company and evaluating the trust of the investors. The present study is conducted with the aim of comparing the amount of effectiveness of holistic versus traditional teaching methods. The results showed that the holism education method is effective on the improvement of employees' happy in the organizations. Factors affecting on the rate of employees' happy are the performance evaluation, excellence model EFQM, and the Agricultural Jihad Organization of Ilam. The first and most important principle of marketing is to focus on customers' needs and wants. In current competitive market, the companies have to improve their performance in order to make customers more satisfied than the former did. This research concludes with some recommendations in this field.

Factors affecting on the rate of employees' happy in the organization are the performance evaluation, excellence model EFQM, and the Agricultural Jihad Organization of Ilam. The first and most important principle of marketing is to focus on customers' needs and wants. In current competitive market, the companies have to improve their performance in order to make customers more satisfied than the former did. This research concludes with some recommendations in this field.
The current study is aimed to identify and examine the factors limiting development of virtual courses in Hormozgan University in the western part of Iran. According to the data, educational factors and human factors are over-effective in the establishing of virtual courses respectively.

The main purpose of this research is to identify and investigate the influence of institutional ownership on the growth opportunities and dividend policies. The results showed that there is a significant relation between institutional ownership and growth opportunities and dividend policies.

Forecasted earnings provide significant information for investment and other financial statements users. In recent years, some studies have been performed on the forecasting of earnings by managers. The results showed that there is a positive relation between the accuracy of forecasted earnings by managers and financial situation of companies. However, financial crisis and auditor's opinion variables were not affective on earning forecast accuracy.

This study was performed to determine social-cultural polygamy-related factors. This is a descriptive-correlational study with a sample of 200 participants. Results showed that there is a negative relation between internet addiction and openness communication, intra-generation communication, family cohesion, family interaction styles, and social supports. However, there is no significant relation between internet addiction and other factors such as family income, family education, and family structure.

The present study has been carried out by aiming at a comparison between capabilities of female and male principals in primary schools. Results showed that there is no significant difference between the capabilities of female and male principals in variables of three-fold administrative skills including general-maturity and leadership skills.

The purpose of this research is to study the relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in the companies. Results showed that there is a significant direct and positive relation between tax assertiveness and tax diagnostic difference and the prior period adjustments. Therefore, the company's management must avoid the prior period adjustment.