The Effects of Anger Management Skills Training on Aggression, Social Adjustment, and Mental Health of College Students

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ABSTRACT: Anger is a sign that evokes aggressive behavior. Aggression can cause emotional, psychological or physical damage to individuals and society. This study aimed to determine the effects of anger management skills training on aggression, social adjustment, and mental health of college students. The results indicated that the training led to significant improvements in aggression, social adjustment, and mental health. All these improvements are attributable to reductions in their aggressive behaviors due to educations.

Keywords: Aggression, Mental Health, Anger Management Skills, Social Adjustment, College Students
This study examined the relationship between adult attachment style and marital satisfaction in a convenience sample of married people. Overall results suggest attachment avoidance as the strongest predictor of marital satisfaction.

The present study is intended to examine the impact of preschool training and education on educational achievement and language learning skills. Of students from first graders in primary schools in Tehran City Area no 7 were chosen by means of randomized field. The study on the impact of teachers' creativity training on improvement of creativity in students and their insights on teacher training curriculum. The amount of happiness, depression, salary, education, and integrative instruction, traditional instruction, enthusiasm, education progress.

The first and most important principle of marketing is to focus on customers' needs and wants. In current competitive which made customers more satisfied than the former did. This research concludes with some recommendations in this field.

The study on the effects of leverage ratio on systematic risk based on the capital asset pricing model among accepted companies in Tehran stock market. Operating leverage, financial leverage, compound leverage, systematic risk (beta).

The study on the impact of teachers' creativity training on improvement of creativity in students and their insights on teacher training curriculum. The amount of happiness, depression, salary, education, and integrative instruction, traditional instruction, enthusiasm, education progress.

The present study is conducted with the aim of comparing the amount of effectiveness of holistic versus traditional education enthusiasm instructed by integrative way is higher than control group instructed with traditional way.

The main purpose in this research is investigating the relationship between return, risk and stock trading volume. There is unidirectional relationship and between trading volume (trading turnover) and return is reciprocal relationship.
Forecasted earnings provide significant information for investment and other financial statements users. In recent years, GaR parameters such as income smoothing have been used by managers to mislead and mislead investors. The accuracy of earnings forecasts is very important for investment decisions. The findings of this study indicate that the GDP growth rate and the price level have an impact on the earnings forecast accuracy. The results showed that the increasing trend of earnings and the increase in the price level have a positive impact on the forecast accuracy. While financial crisis and auditor's opinion variables were not affective on earning forecast accuracy.

This study was performed to determine social-cultural polygamy-related factors. This is a descriptive-correlational study. Historical records were obtained from the statistics department of the country. Furthermore, the individuals' responses showed that sexual beliefs are effective as a subjective factor.

The current study is aimed to identify and examine the factors limiting development of virtual courses in Hormozgan University. Using multi-criteria decision making methods and logical programming, the factors that affect the virtual course development in the University of Hormozgan are examined. The results showed that educational factors and human factors are over-effective in the establishing of virtual courses respectively.

The present study has been carried out by aiming at a comparison between capabilities of female and male principals in primary schools. Using multi-criteria decision making methods and logical programming, the factors that affect the productivity of public education system are examined. The results showed that in comparison to male principals, female principals are more effective in variables of three-fold administrative skills including general-maturity and leadership skills.

The purpose of this research is to study the relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in the companies. Using multi-criteria decision making methods and logical programming, the factors that affect the tax assertiveness and tax diagnostic difference are examined. The results showed that there is a significant relation between institutional ownership and growth opportunities and dividend policies.

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