The Effects of Anger Management Skills Training on Aggression, Social Adjustment, and Mental Health of College Students

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ABSTRACT: Anger is a sign that evokes aggressive behavior. Aggression can cause emotional, psychological or physical damage to individuals and society. This study aimed to evaluate the effectiveness of anger management skills training on aggression, social adjustment, and mental health of college students. The results indicated that the intervention was successful in reducing aggressive behaviors, improving social adjustment, and enhancing mental health. All these improvements are attributable to reductions in their aggressive behaviors due to educations.

Keywords: Aggression, Mental Health, Anger Management Skills, Social Adjustment, College Students
Forecasted earnings provide significant information for investment and other financial statements users. In recent years, financial crisis and auditor's opinion variables were not effective on earning forecast accuracy.

This study was performed to determine social-cultural polygamy-related factors. This is a descriptive-correlational study. Furthermore, the individuals' responses showed that sexual beliefs are effective as a subjective factor.

The present study has been carried out by aiming at a comparison between capabilities of female and male principals in variables of three-fold administrative skills including general maturity and leadership skills.

This study aims to investigate the effect of cooperative learning on the confidence. This study was a quasi-experimental study. Results showed that there is a negative relation between internet addiction and openness communication, intra-generation, peer, and ultra-use internet and requires more researches about family consolidation and child-parent relations improvement.

The purpose of this research is to study the relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in Tehran Stock Exchange.

The main purpose of this research is to identify and investigate the influence of institutional ownership on the growth opportunities and dividend policies.