The Effects of Anger Management Skills Training on Aggression, Social Adjustment, and Mental Health of College Students

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ABSTRACT: Anger is a sign that evokes aggressive behavior. Aggression can cause emotional, psychological or physical damage to the victim and people around. In this paper, we investigated the effects of anger management skills training on aggression, social adjustment, and mental health and behavior of college students. All these improvements are attributable to reductions in their aggressive behaviors due to education.
Systematic risk (Beta) is one of the most effective factors in predicting the appropriate required rate of return of
students from first graders in primary schools in Tehran City Area no 7 were chosen by means of randomized...
field was higher than those children that were taught by the teachers who had not been trained in this educational field.
The present study is intended to examine the impact of preschool training and education on educational achievement and...
comprehension and achievement in literacy and thus the highly impact of preschool course on language learning skills.

The current study examines the impact of teachers' creativity training on growing creativity in students and their...
paying attention to training of creativity in curricula of teachers' training centers. For this purpose, two groups (n
The purpose of present study was to investigating the meditational role of emotional regulation in the relationship...
regulation, can rebound pure academic adjustment. Suggestions and implication for future research are also proffered.
The present study is conducted with the aim of comparing the amount of effectiveness of holistic versus traditional...
education enthusiasm instructed by integrative way is higher than control group instructed with traditional way.
The present study has been carried out by aiming at a comparison between capabilities of female and male principals in primary schools. This study was performed to determine social-cultural polygamy-related factors. This is a descriptive-correlational research to identify the influencing factors of polygamy in the Bastak City, Iran. The purpose of this research is to study the relation of the effective factors on decreasing tax assertiveness and tax diagnostic difference in the companies of Tehran Stock Exchange. Forecasted earnings provide significant information for investment and other financial statements users. In recent years, only income smoothing and auditor's opinion variables were effective on earning forecast accuracy, while financial crisis and auditor's opinion variables were not affective on earning forecast accuracy. The current study is aimed to identify and examine the factors limiting development of virtual courses in Hormozgan University. Cooperative Learning, Confidence, Students. The main purpose of this research is to identify and investigate the influence of institutional ownership on the growth opportunities and dividend policies. A Study of the Influence of Financial Situation of Companies on the Earning Forecast Accuracy by Managers of Listed Companies in Tehran Stock Exchange. The Predictive Role of the Family Internal Factors in Tendency the Adolescent Girls to Internet Addiction. The Influence of Institutional Ownership on Growth Opportunities and Dividend Policies. A Study of Effective Factors on the Decrease of Tax Assertiveness and Tax Diagnostic Difference in the Companies of Tehran Stock Exchange. Earning forecast accuracy- Financial situation of companies- Financial crisis-Income Smoothing-Auditor's opinion- Continuity of activity. The purpose of present research was study about the predictive role of the family internal factors in tendency the adolescent girls to internet addiction. Results showed that there is a negative relation between internet addiction and openness communication, intra-generation communication, and ultra-use internet and requires more researches about family consolidation and child-parent relations improvement.